

**Daily Spiritual Practice:
Friday, July 10:**

*Live, Love, Share...As Visibly One in
Christ*

HOLDING IN THE LIGHT



PURPOSE:

To help raise awareness of individuals, their needs, and their desires. This morning and throughout the day we will place our focus on broader audiences: those who suffer, the impoverished, the broken, and the hurting. We can also hold in the light groups such as the Community of Christ during this time of difficult transition, our national leaders, and marginalized minorities.

PROCESS:

This practice originates in the Quaker tradition and can be done individually or in a group setting. It has been adapted here for use in our Reunion community. Write down specific groups of people you're feeling drawn to uphold, considering their needs and desires. Hold them in God's love and light. Use this as an intentional opportunity to grow in awareness of the great need that exists in our world, and of the need that all children of God have to be upheld as person with worth, dignity, and giftedness.